

Seasons

This handy table is a very helpful tool for understanding your season. You should aim to place yourself into your season by understanding your undertone and contrast, but there's a few sneaky tricks described both in the main article and below.

	Warm undertone	Cool undertone
High contrast	Autumn (Warm, soft, deep)	Winter (Cool, bright, deep)
Low contrast	Spring (Warm, bright, light)	Summer (Cool, soft, light)

You belong to a season if you exhibit all the characteristics in the brackets. The predominant characteristic defines your subgroup. Your neighboring season is the only other season that shares your subgroup.

Undertones



Chiara Ferragni is warm toned but Elle Fanning is cool toned. It can be very hard to understand your undertone, but if you look at your closet or your favorite clothes, you may see a striking majority in either cool or warm tones, which may indicate that you have respectively a cool or warm undertone. Olive skin tones are especially tedious to figure out but they tend to belong to the winter season.

[Source: Chiara Ferragni](#)

[Source: Elle Fanning](#)

Seasonal Subgroups



Courtney Cox: Bright Winter, Priyanka Chopra: Deep Winter, Anne Hathaway: Cool Winter. All three are cool, deep and bright, but each exhibits one characteristic especially. Courtney's bright eyes place her clearly in the Bright category, Priyanka's overall dark coloring in Deep, and Anne's pale but rosy skin in Cool.

[Source: Courtney Cox](#)

[Source: Priyanka Chopra](#)

[Source: Anne Hathaway](#)

A Striking Example

This theory completely changed how I look at people, even celebrities! In fact, don't be too hard on yourself: even stylists get it wrong! For example, how is it that gorgeous Blake Lively looks so great in one of these photos, and not in the other?



Source: left picture



Source: right picture

Easy: Blake is a (Light) Spring. She has light coloring with a warm undertone and low contrast. Therefore, while she looks stunning in a warm, light pink dress that mimics her natural soft, delicate coloring, she isn't valorized by a cool, bright dress that would much better suit a Bright Winter, with darker, cooler and more contrasting features. Check out the results of my little experiment, showing just how powerful this theory can be!



More

These are my favorite sources to learn more about Color Season Analysis:

www.theconceptwardrobe.com

[instagram.com/rossellamigliaccio](https://www.instagram.com/rossellamigliaccio)